

#### ABOUT ME

Passionate about people with a strong belief in their potential, and an interest in talent management. Comfortable outside my comfort zone. Always eager to improve and a constant knowledge seeker. Open to facing all kinds of challenges and overcoming obstacles.

#### SKILLS

Proactive Organized Detail-oriented Ethical Empathetic Enthusiastic Coordinated Strong Communicator Team Player Critical Thinker Independent Thinker Active Listener

#### LANGUAGES

English: Bilingual.

Spanish: Bilingual.

Italian: High level. ERASMUS programme in Italy.

French: Medium level. IGCSE, IB

#### **INTERESTS**



Travelling





Photography

# **ANA CANTLE**

# LIFE AND CAREER COACH

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R coachingmarbella@gmail.com

## WORK EXPERIENCE

#### -Life and Career Coach

Marbella International University Center | September 2018 - Present

Internship Coordinator. Individual and group coaching sessions. Training courses in soft skills. Developing extracurricular activities - both in social and career orientated areas. Evaluating and implementing new resources.

#### -Coach and Trainer.

EuroKey Community | 2016 - Present Training courses in soft skills as part of Erasmus + Programme.

#### -Coach and Trainer.

Grupo Impulsa | 2017 Developing business coaching programmes.

#### -Office Manager

Tribeca Showroom| 2014 - 2018 Dealing with suppliers, clients and accounts.

#### -Office Manager

Marbella Euro Business Centre| 2005 - 2014 Developing the business in all areas.

### **EDUCATION**

- Executive Coaching. Eifor. | 2017
- Trainer of trainers. ISC SL Online. | 2016
- Work management and Payroll. Y-Conta. (Marbella) | 2016
- Celta Course. Pass B. International House Clic Sevilla. (Málaga) | 2014
- Personnel Management. CEOE Online. | 2014
- Management and Coaching abilities. EOI (Málaga). • | 2012 - 13
- Master in Coaching with DBM. Valencia University. | 2011 - 2012
- Master in Coaching. (Málaga). Coach Creativo. 2009 - 2010
- MBA Executive. (Málaga). Chamber of Commerce of
- Málaga.| 2007 2008 Course in Accountancy. Academia Centro de Estudios . Contables (Marbella). | 2005 - 2006
- Administrative Assistant Course. (Marbella). Tutor Academy – Junta de Andalucia.| 2004 - 2005
- Università degli Studi di Padova (Italy). ERASMUS Programme in Psychology | 2004
- Bachelor's Degree in Psychology. Málaga University | 1998 - 2004
- Aloha College. (Marbella) EGB, BUP, COU, IGCSE, IB • and Selectividad | 1993 - 1998